



Multi-Activity Sessions for Adults

Are you making the most of your leisure time?

Would you like the opportunity to try a
different sport or activity each week?

from Archery to Aikido, Basketball to Bocchia, Fencing to Football



Mondays 7.30pm - 9.00pm
Stratton Community Leisure Centre,
Grange Drive, Swindon SN3 4JY

£3.00 per session
(first session free)

Led by experienced and friendly coaches, the emphasis is on creating a fun and non-competitive environment in which people can exercise. The only things you need are casual sports clothes, trainers and a bottle of water.

For more information and to register please contact
Carole Jones on **01793 511033** or **07745 133522** or
email **cjones@swindon.gov.uk**

