

Press Release

**New adult education project for people out of work with stress related problems to be launched on World Mind day.**

A new adult education project has just been awarded £30,000 to pilot a Swindon based project to assist those who are struggling with stress related illness and wanting to get back to work.

The Inspire Project is funded by the Transformation Fund of the Department of Business Innovation and Skills. The fund seeks to fulfil the recommendations of the Government's Learning Revolution for informal adult learning.

The Inspire Project represents a partnership of voluntary sector organisations made up of Back on Track, New Dimensions, Lower Shaw Farm and 105.5 Swindon Community Radio.

“The Inspire Project invites those who are struggling with the stresses and strains of working life to accept a call to undertake a journey. A journey through the enriched learning domains of mind, body, spirit and personal development. Learners will be helped to explore the territories of human experience that will inform, refresh and inspire them to fulfil their life goals.”

The project starts on the 19<sup>th</sup> November with a study day Lower Shaw Farm. If you think that you need to do something different in your life then call to find out more and register for the programme places are limited.

Tel: 07903 664 495 / 01793 600156 between 10-00 and 3.00  
Wednesday and Thursday.

Out of these times messages will recorded or email  
[office@back-on-track.net](mailto:office@back-on-track.net) for more information visit

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For more information about the Transformation Fund visit  
<http://www.transformationfund.org.uk/>