

heart  
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# Have a Heart Trek China

March 2010

Join Heart's charity **Have a Heart** on the adventure of a lifetime trekking along The Great Wall of China. Trek up the ancient steps, visit local villages, view remarkable scenery and witness one of the most amazing man made creations in the world.

**TO FIND OUT MORE, CONTACT  
HAVE A HEART TODAY!**

Phone: 0870 202 8000  
Email: [trek@heart.co.uk](mailto:trek@heart.co.uk)  
Web: [heart.co.uk](http://heart.co.uk)

Have a Heart is an appeal of Global Chances, registered charity number 1091657

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